

CRAFTING HEALTH PLAN  
Maamoun Pharma



ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
*Wave*

Feel the **WOW**

Discover the power of hydration and energy in one solution with Power Drink **Hydro wave** . This advanced powdered formula is carefully developed to be mixed with water, providing rapid hydration and a reliable source of energy. Enriched with essential electrolytes and key nutrients, it supports optimal body balance, enhances endurance, and helps you stay at your peak performance throughout the day.

اكتشف قوة الترطيب والطاقة مع مشروب **هايدرو وايف** .  
تركيبة بدرجة متطورة صُممت بعناية لتُخلط مع الماء فتمنحك ترطيباً سريعاً ومصدراً موثوقاً للطاقة. مدعّمة بالإلكتروليت والعناصر الغذائية الأساسية، و الفيتامينات لتساعد جسمك على الحفاظ على توازنه، وتعزيز قدرتك على التحمّل، والوصول إلى أعلى مستويات التركيز و الأداء طوال اليوم.

نحن في مأمون فارما، نؤمن أن أبسط القرارات اليومية  
مثل إضافة عبوة من **هايدرو وايف** إلى كوب الماء، هي  
خطوة صغيرة لكنها فعّالة نحو بناء صحة مستدامة  
ورفاهية تدوم طويلاً.

# صحة دائمة تبدأ بخطوة بسيطة...

كوب ماء مع عبوة هايذرو وايف يوميا..  
هايذرو وايف: الترطيب الذكي لصحة تدوم  
اختر هايذرو وايف... واختر أسلوب حياة أكثر توازنا

## Lasting health begins with a simple choice...

Add 300 ML to a sachet of Hydro Wave.

Hydro Wave: Smart hydration for a healthier tomorrow.

Choose Hydro Wave, choose a balanced lifestyle



At Maamoun Pharma, we created Hydro Wave with one simple promise: every sip should make you **feel the wow**. This innovative energy powder, mixed with water, delivers instant hydration and a refreshing boost of vitality. With its unique blend of electrolytes and essential nutrients, Hydro Wave doesn't just quench your thirst – it recharges your body and awakens your senses, leaving you energized, refreshed, and ready to take on the day.

With Hydro Wave, hydration becomes an experience and energy becomes a lifestyle. Each sachet transforms a simple glass of water into a source of vitality, balance, and refreshment. Take a sip – and truly feel the wow.



Feel the



Hydrate... Refresh

في مأمون فارما، ابتكرنا هايدرو ويف بوعد بسيط: أن يجعلك كل رشفة تشعر بالواو. فهو مسحوق طاقة مبتكر يُمزج مع الماء ليمنحك ترطيباً فورياً وانتعاشاً حقيقياً. بفضل تركيبته الفريدة من الإلكترولايت و الفيتامينات والعناصر الغذائية الأساسية، لا يروي عطشك فقط، بل يعيد شحن طاقتك ويُنعش حواسك لتبقى مفعماً بالنشاط وجاهزاً لمواجهة يومك.

مع هايدرو ويف، يتحوّل الترطيب إلى تجربة، والطاقة إلى أسلوب حياة. كل عبوة تحوّل كوب الماء العادي إلى مصدر للحياة والتوازن والانتعاش. خذ رشفة... واختبر فعلاً **شعور الواو**.

# DEYDRATION



- Dehydration is a condition that occurs when the body loses more fluids than it takes in, leading to an insufficient amount of water for normal bodily functions.
- This fluid loss can happen through sweating, urination, breathing, vomiting, diarrhea, or inadequate fluid intake, and it can affect the balance of electrolytes :  
(like sodium and potassium) in the body.
- If dehydration becomes severe, it can impact blood pressure, organ function, and overall health.

## Self-care at home

If you experience any mild symptoms of dehydration, **you should:**

- move to a cool place
- loosen any tight clothing and remove unnecessary clothes
- drink small amounts of cool water regularly

Some fluids can make dehydration worse. **You should avoid:**

- sugary drinks like soda and sports drinks ,Caffeine , alcohol.

# FACTORS..

## 1-Daily life & wellness



- Morning hydration – rehydrating after 6-8 hours of sleep.
- Work hydration – keeping water at your desk to maintain focus.
- Travel hydration – staying hydrated on flights to reduce jet lag and dryness.
- Hot weather – preventing heat exhaustion during summer or outdoor work.
- Cold weather – reminding that you still lose fluids even in winter.

## 2. Health-related



- Fever or illness recovery – replenishing fluids lost through sweating.
- Pregnancy & breastfeeding – supporting higher fluid needs.
- Kidney health – helping flush toxins and prevent stones.
- Skin health – hydration for elasticity and glow.
- Elderly care – preventing dehydration in seniors, who often have reduced thirst cues.

## 3. Lifestyle & special activities



- Office & screen time – combatting dehydration from air conditioning and long hours indoors.
- Hiking & outdoor adventures – safe water intake for long treks.
- Spa & sauna – replacing fluids lost through sweating.
- Fasting – strategic hydration before and after fasting periods.
- Gardening & home chores – especially in hot or humid conditions





# Stay Hydrated

An Article by Maamoun Pharma Guidance office  
Crafting Health Programs



Water is essential for every cell, tissue, and organ in your body. Even mild dehydration can affect your energy, mood, and focus. Your body loses fluids throughout the day through breathing, sweating, and digestion, and it's important to replace them to stay healthy.



## To maintain optimal hydration:

- Drink water regularly, not just when you feel thirsty.
- Include hydrating foods like cucumbers, watermelon, and oranges in your diet.
- Increase fluid intake in hot weather, during physical activity, or when you're ill.
- Balance water with electrolyte-rich beverages if you sweat heavily.

Staying hydrated supports circulation, digestion, skin health, and overall well-being.

**At Maamoun Pharma**, we believe that small daily choices—like reaching for a glass of water with a sachet of **Hydro wave** – are key steps toward crafting your lasting health .

# ELECTROLYTES DRINK MIX

Power Packed with Vitamins

# HYDRO WAVE

## 6 Essential Electrolytes



full Hydrate your cells and provide you with Natural Energy.

### 1. Sodium (Na<sup>+</sup>)

Maintains fluid balance, nerve function, and muscle contractions.

### 2. Potassium (K<sup>+</sup>)

Crucial for heart function, nerve signals, and muscle contractions.

### 3. Calcium (Ca<sup>2+</sup>)

Important for bone health, muscle function, nerve signaling, and blood clotting

### 4. Magnesium (Mg<sup>2+</sup>)

Supports muscle and nerve function, energy production, and enzyme activity

### 5. Chloride (Cl<sup>-</sup>)

Maintain Fluid balance and is a component of stomach acid (HCl).

### 6. Phosphate (HPO<sub>4</sub><sup>2-</sup> / H<sub>2</sub>PO<sub>4</sub><sup>-</sup>)

Key for energy production (ATP), bone health, and acid-base balance.

These electrolytes help regulate many vital processes in the body, especially related to hydration, nerve function, muscle performance, and pH balance

## 2 Vitamins C & D



### 1. Vitamin C

supports the immune system and helps the body produce collagen for healthy skin and tissues.

### 2. Vitamin D

aids in calcium absorption, promoting strong bones and overall immune health

# Refreshing Drink

Power-Packed with Vitamins

**6** ESSENTIAL  
ELECTROLYTES

**2** VITAMIN  
C & D

**6** EGYPTIAN  
FLAVORS

 CRAFTING HEALTH  
MAAMOUN PHARMA

## HOW TO USE



STEP 4

**Feel the  
WOW**

STEP 1

**TEAR**



STEP 2

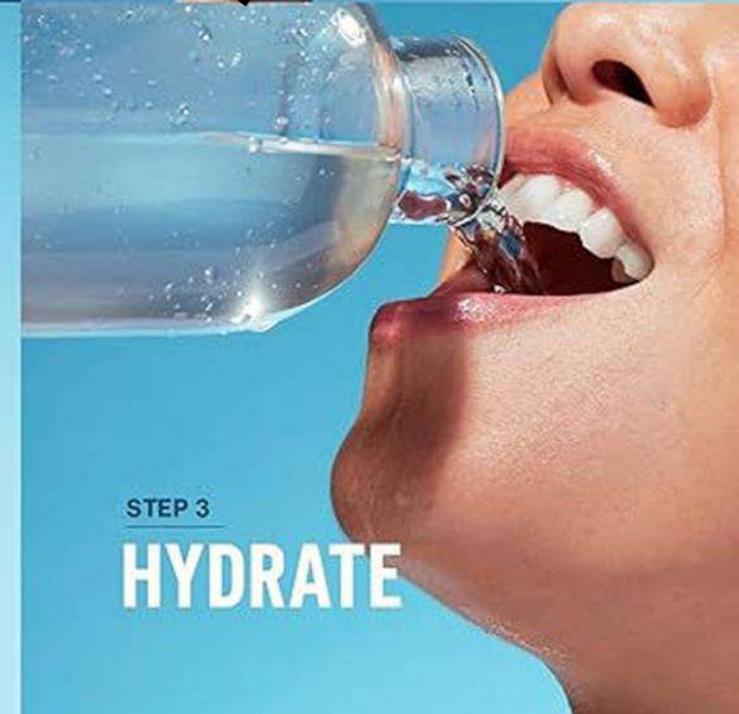
**POUR**

Add to an ice cold glass  
of 16 oz water.



STEP 3

**HYDRATE**



Distracted

Dehydration

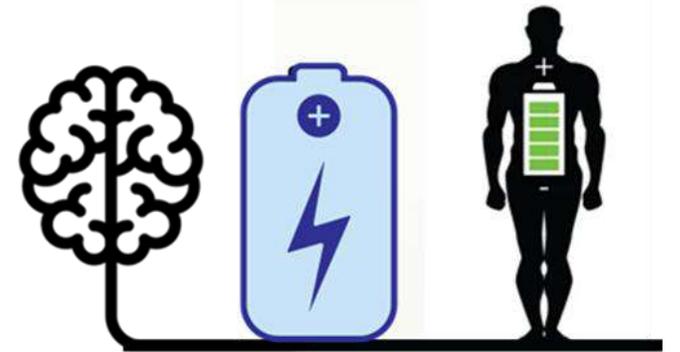
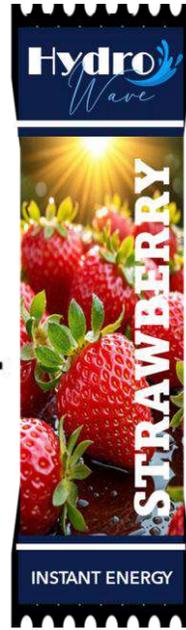


Jet - Lag

Low-in- Power



+



**BRAIN BOOST - BODY CHARGE**

ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
*Wave*

Feel the **WOW**



**INSTANT ENERGY**

ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
Wave  
Feel the **WOW**



+



**LOW IN POWER**



## EGYPTIAN FLAVORS

## NEW FLAVORS



Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with orange slices and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).

Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with a pineapple and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).

Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with lemon slices and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).

Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with raspberries and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).

Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with lemon slices and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).

Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with strawberries and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).

Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with kiwi slices and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).

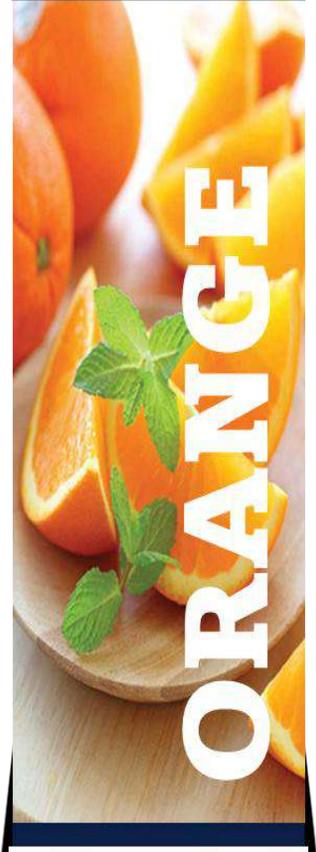
Hydro Wave

Feel the  
**WOW**

HYDRATION BOOST ⚡ INSTANT ENERGY

This poster features a blue top section with water droplets and a bottom section with watermelon slices and juice splashes. The 'Hydro Wave' logo is at the top, and 'Feel the WOW' is centered. At the bottom, there are icons for 'HYDRATION BOOST' (a water drop) and 'INSTANT ENERGY' (a lightning bolt).





Hydro  
Wave

Feel the  
WOW

HYDRATION BOOST INSTANT ENERGY

Hydro  
*Wave*

LEMON

INSTANT ENERGY



Hydro  
*Wave*

Feel the  
**WOW**

 HYDRATION BOOST  INSTANT ENERGY

Hydro Wave

**MANGO**

INSTANT ENERGY

This image shows the packaging for Hydro Wave Mango Instant Energy. The top section features the brand name 'Hydro Wave' in white and blue. Below it is a photograph of mangoes being washed under a stream of water. The word 'MANGO' is printed vertically in large, white, bold letters over the water. At the bottom, a dark blue banner contains the text 'INSTANT ENERGY' in white.



Hydro Wave

Feel the

**WOW**

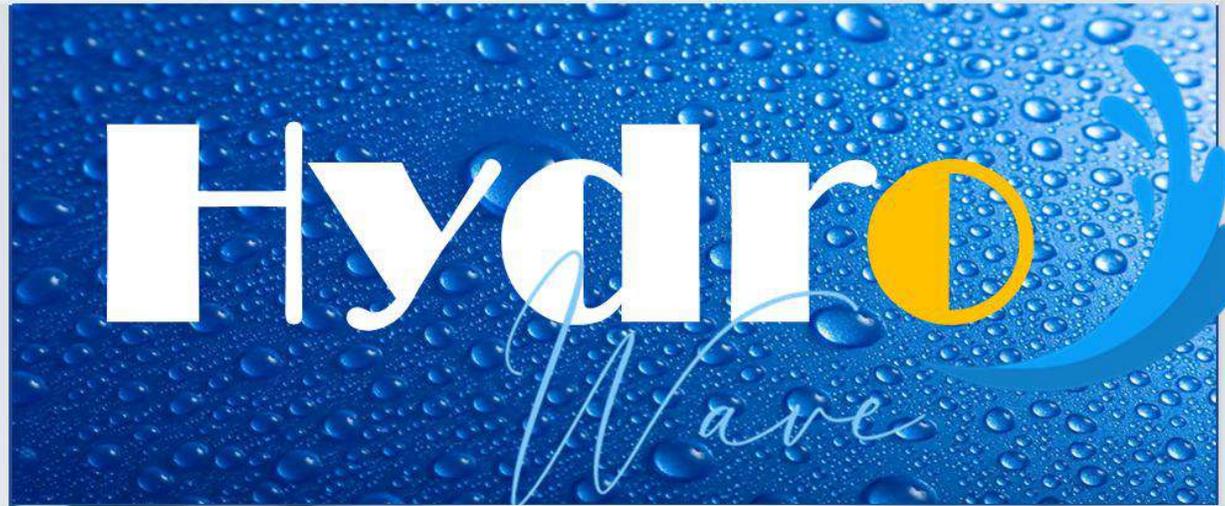
HYDRATION BOOST INSTANT ENERGY

This advertisement features a blue background with water droplets at the top. The 'Hydro Wave' logo is prominently displayed in white and blue. Below this, a photograph of sliced mangoes is shown, with the text 'Feel the WOW' overlaid. The 'WOW' is in a large, stylized font where the 'O' is white and the 'W's are blue. At the bottom, two icons—a water drop and a lightning bolt—accompany the text 'HYDRATION BOOST' and 'INSTANT ENERGY' respectively.

Hydro  
*Wave*

STRAWBERRY

INSTANT ENERGY



Feel the

WOW

HYDRATION BOOST



INSTANT ENERGY



Hydro  
Wave

BLUE BERRY

INSTANT ENERGY



@draws\_nn

A large advertisement for Hydro Wave. The top half features the word "Hydro" in a bold, white, sans-serif font, with the letter "O" replaced by a yellow circle. Below it, the word "Wave" is written in a light blue, cursive script. To the right of the text is a stylized blue wave graphic. The background is a close-up of water droplets on a blue surface. The bottom half of the ad features the phrase "Feel the" in a small white font, followed by the word "WOW" in a large, bold, white, sans-serif font, with the letter "O" replaced by a yellow circle. Below this, there are two icons: a blue water drop and a yellow lightning bolt. To the right of the lightning bolt is the text "INSTANT ENERGY". The background of the bottom half is a close-up of raspberries with water droplets, set against a blue and purple gradient.



HYDRATION BOOST



INSTANT ENERGY

Hydro  
*Wave*

PINEAPPLE

INSTANT ENERGY



Hydro  
*Wave*

Feel the  
**WOW**

 HYDRATION BOOST  INSTANT ENERGY

CRAFTING HEALTH  
MAAMOUN PHARMA

ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
*Wave*

Feel the **WOW**



**STAY**  
**HYDRATED**





ELECTROLYTE DRINK MIX <sup>®</sup>

# Hydro Wave

Feel the **WOW**

**STAY  
HYDRATED**

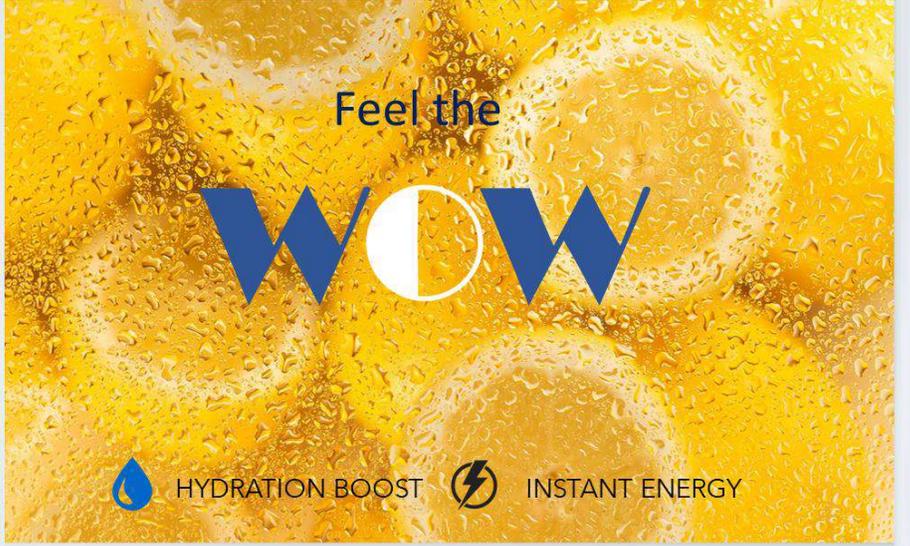
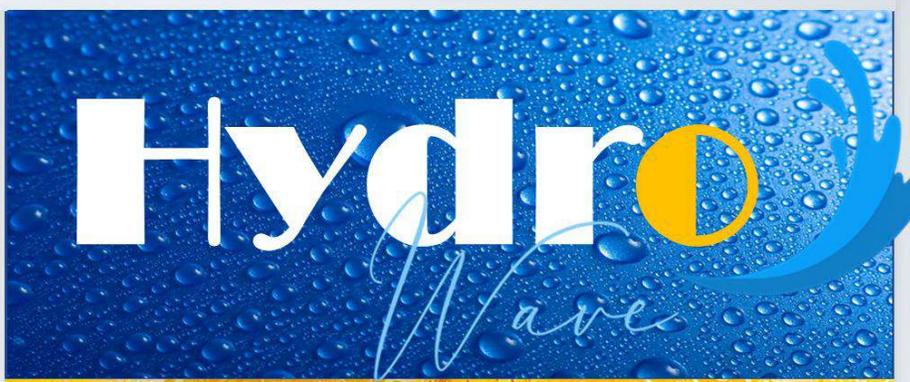




# HYDRO WAVE



**STAY**  
**HYDRATED**



 HYDRATION BOOST  INSTANT ENERGY



CRAFTING HEALTH  
By Maamoun Pharma

ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
*Wave*

Feel the **WOW**

**STAY**  
**HYDRATED**



# Hydro

*Have*

Feel the

# WOW



HYDRATION BOOST



INSTANT ENERGY

## STAY HYDRATED

6

Essential Electrolytes

2

Vitamins C & D

6

Egyptian Flavors

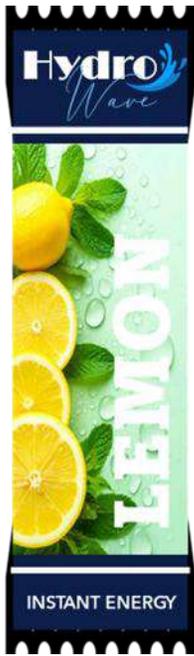


Low in Sugar



Crafting Health  
Maamoun Pharma





**STAY  
HYDRATED**

**FEEL THE  
WOW**



**6** Essential Electrolytes

**2** Vitamins C & D

**6** Egyptian Flavors

 Low in Sugar

 Crafting Health  
Maamoun Pharma

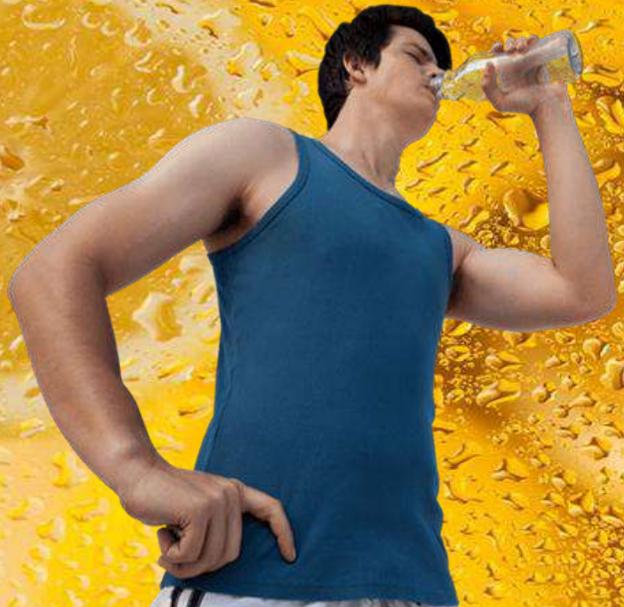
ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
Feel the **WOW**

HYDRATION BOOST  INSTANT ENERGY

# Hydro<sup>®</sup>

*Have*



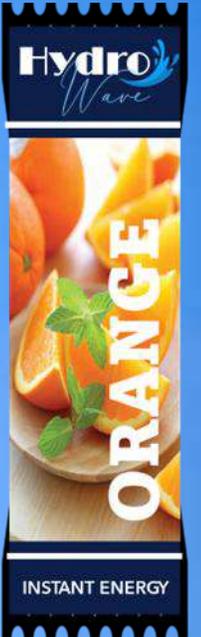
**STAY HYDRATED**

ELECTROLYTE DRINK MIX

# Hydro<sup>®</sup>

Feel the **WOW**

# STAY HYDRATED



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

Stay Hydrated, Stay Healthy  
You Are 70%

**WATER**



ELECTROLYTE DRINK MIX

**HYDRIO**<sup>®</sup>  
*Have*  
Feel the **WOW**

- 6** Essential Electrolytes
- 2** Vitamins C & D
- 6** Egyptian Flavors
-  Low in Sugar
-  Crafting Health  
Maamoun Pharma

# Dehydration: Causes, Symptoms, & Treatment

ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
*Wave*



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma



POWER-PACKED  
WITH VITAMINS



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar

By Maamoun Pharma

ELECTROLYTE DRINK MIX

# Hydro

*Wave*

Feel the

**WOW**

# STAY HYDRATED

Crafting Health  
Maamoun Pharma



# Hydro

Wave

Feel the

## WOW

Hydro  
Wave



INSTANT ENERGY

POWER-PACKED  
WITH VITAMINS

EGYPTIAN FLAVORS  
STRAWBERRY



STAY HYDRATED



# Refreshing Drink

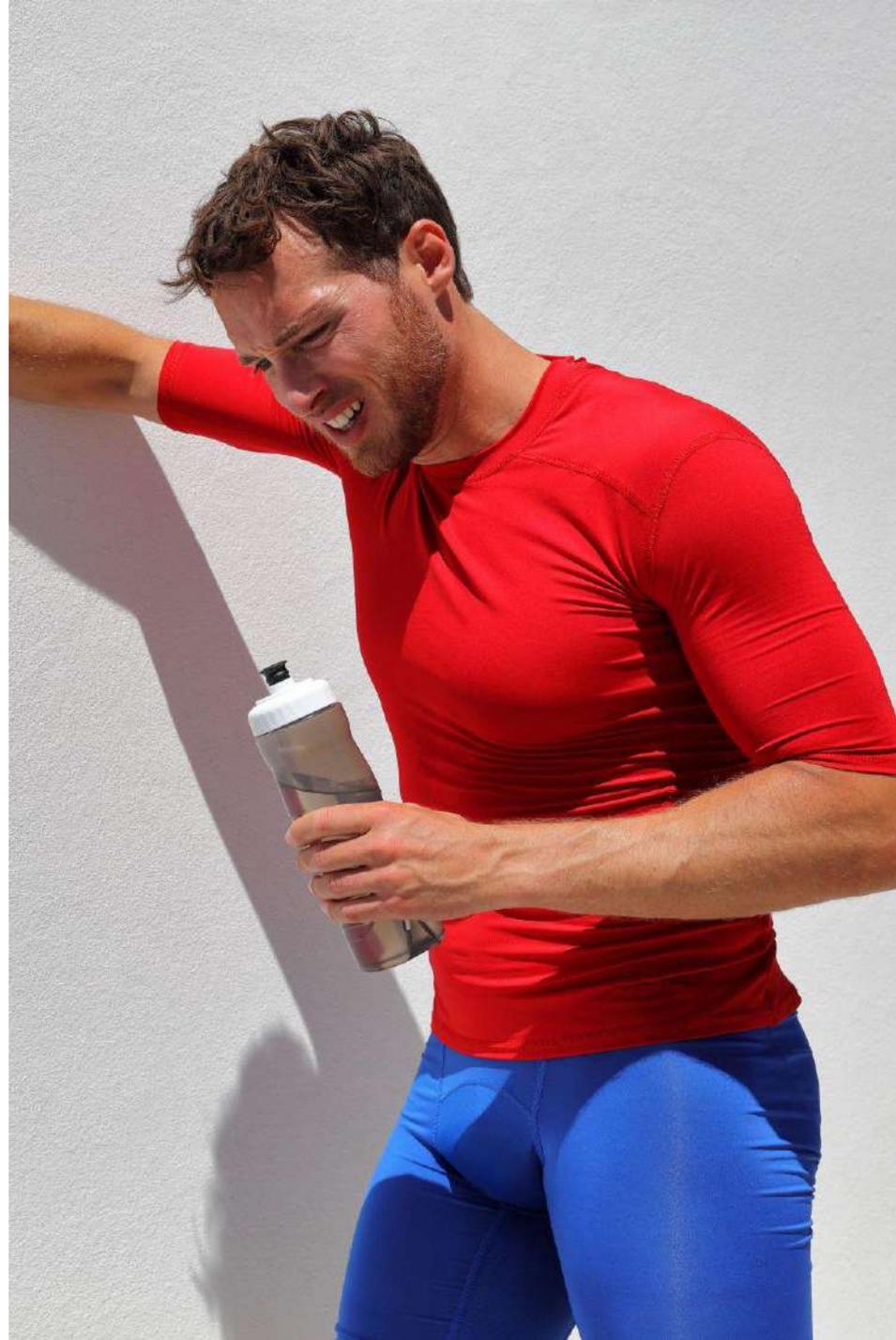
Crafting Health  
by Maamoun Pharma

**6** Essential Electrolytes

**2** Vitamins C & D

**6** Egyptian Flavors

Low in Sugar



ELECTROLYTE DRINK MIX

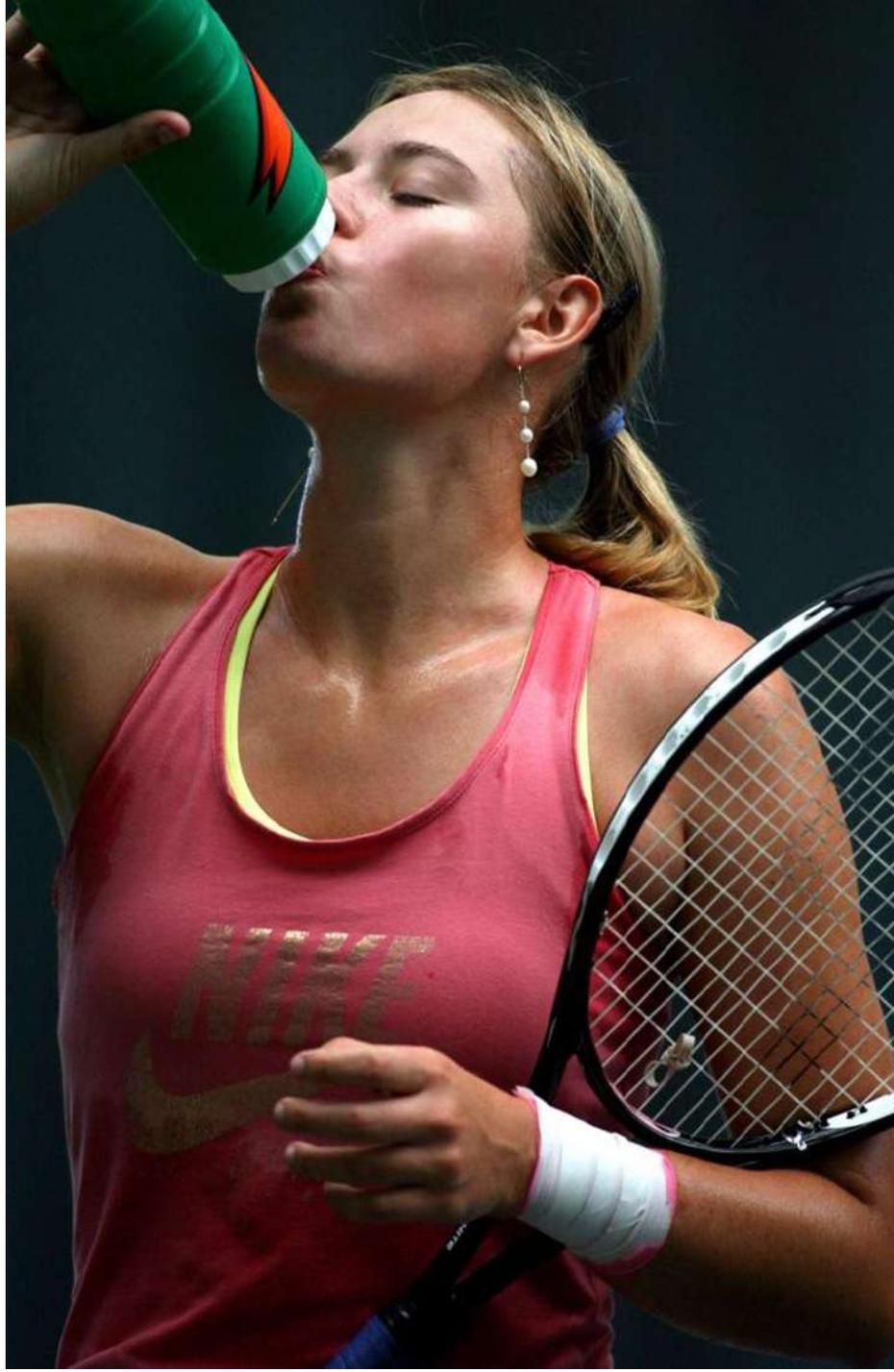
# Hydro<sup>®</sup> Wave

Feel the **WOW**

**STAY  
HYDRATED**



**STAY  
HYDRATED**



ELECTROLYTE DRINK MIX

**HYDR**<sup>®</sup>  
*Flave*

Feel the **WOW**



Crafting Health  
Maamoun Pharma



Low in  
Sugar



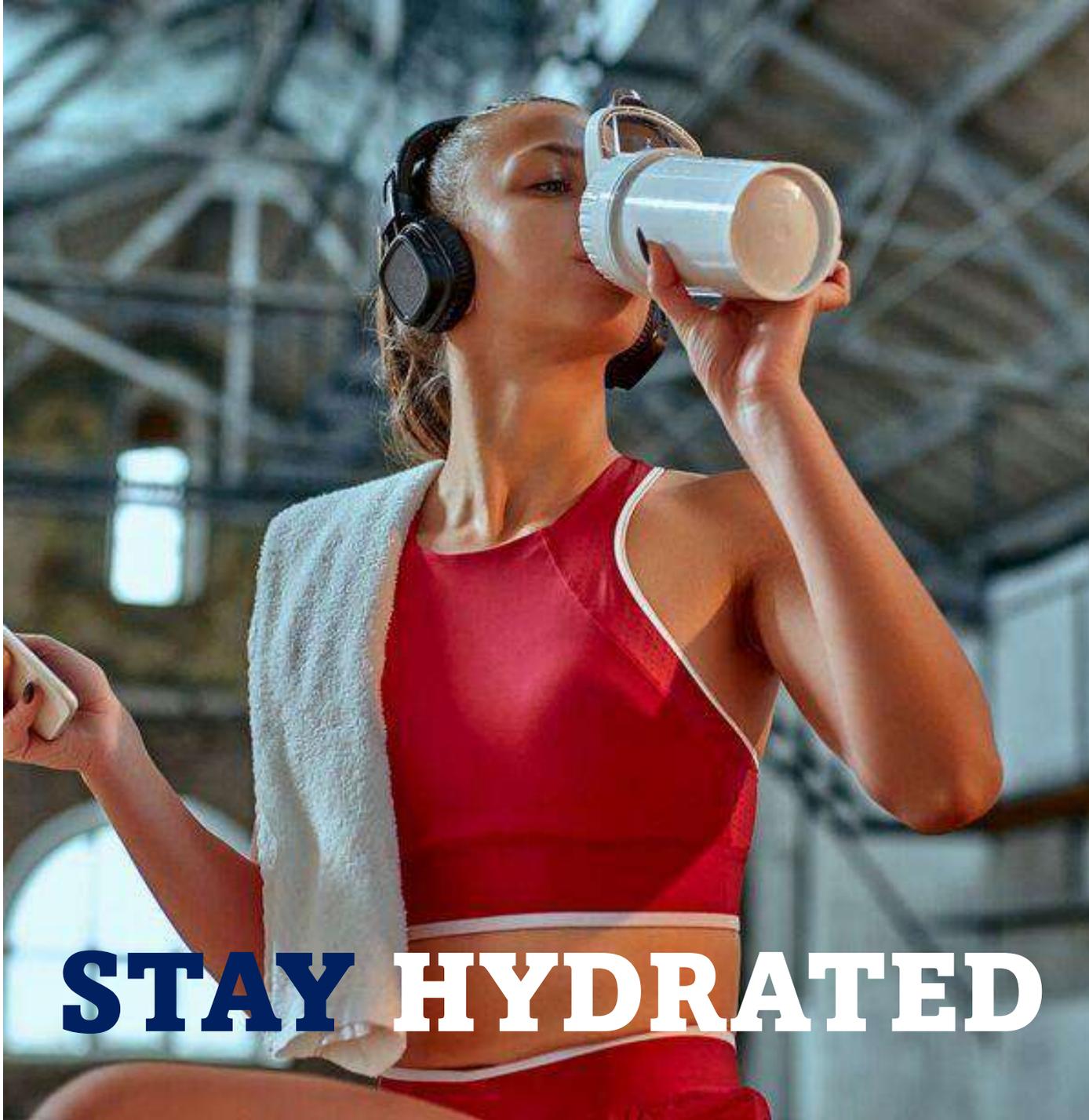
6 Egyptian  
Flavors



2 Vitamins  
C & D



6 Essential  
Electrolytes



**STAY HYDRATED**

BEAT THE HEAT  
BEAT THE HEAT



# Refreshing Drink

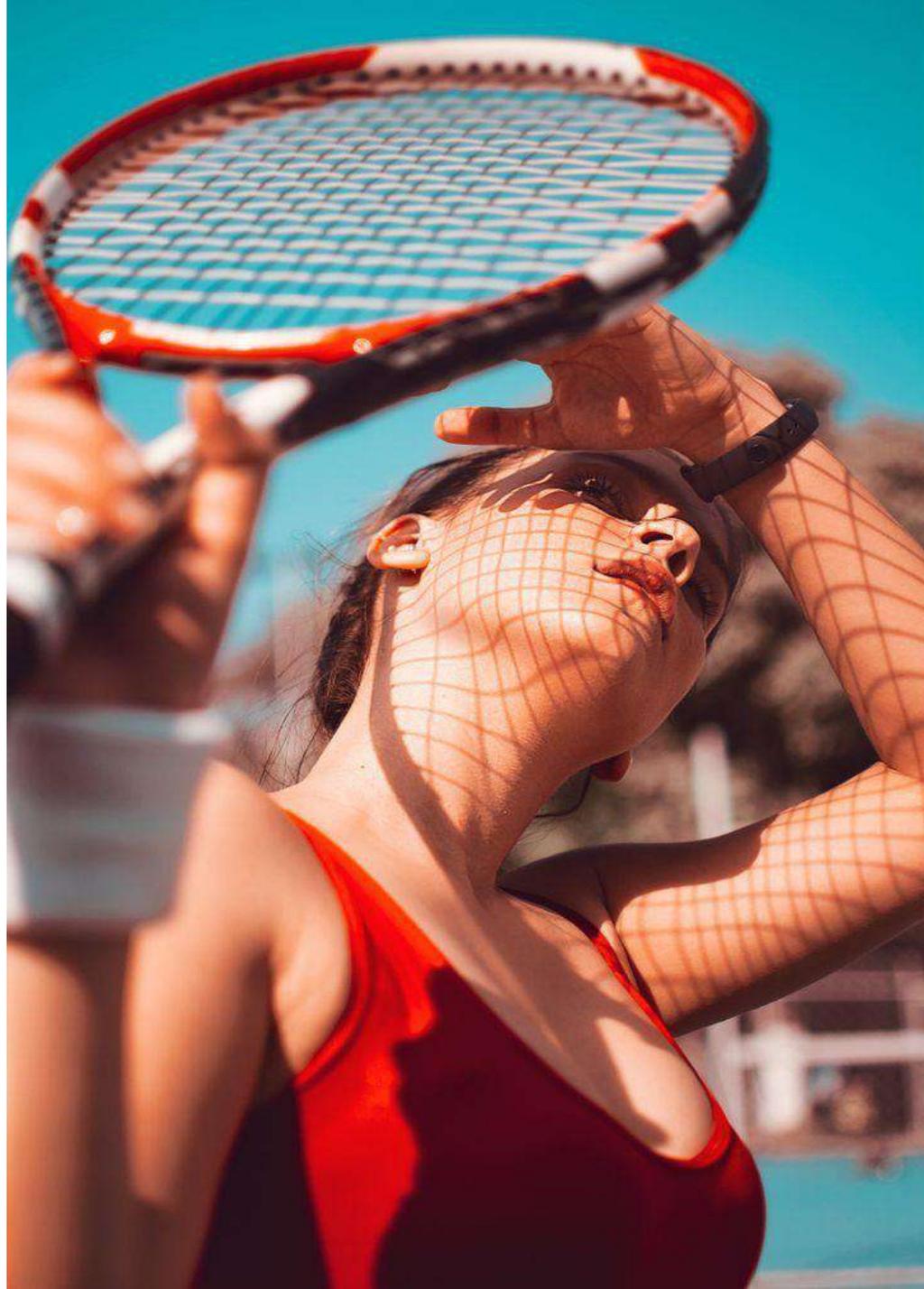
Crafting Health  
by Maamoun Pharma

**6** Essential Electrolytes

**2** Vitamins C & D

**6** Egyptian Flavors

 Low in Sugar



ELECTROLYTE DRINK MIX

# Hydro<sup>®</sup> Wave

Feel the **WOW**

**STAY  
HYDRATED**



**STAY  
HYDRATED**

**HYDRO WAVE**

Feel The  
**WOW**



ELECTROLYTE DRINK MIX

# Hydro<sup>®</sup>

Wave

Feel the **WOW**

6

ESSENTIAL  
ELECTROLYTES

2

VITAMIN  
C & D

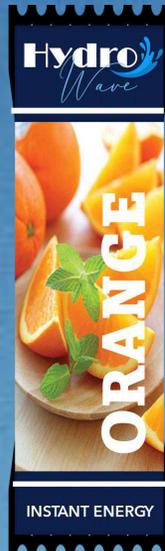
6

EGYPTIAN  
FLAVORS



CRAFTING HEALTH  
MAAMOUN PHARMA

# STAY HYDRATED





ELECTROLYTE DRINK MIX

# Hydro<sup>®</sup>

Feel the **WOW** *Wave*

Feel the  
**WOW**

6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

ELECTROLYTE DRINK MIX

# Hydro<sup>®</sup>

Wave

Feel the **WOW**



HYDRATION  
BOOST



INSTANT  
ENERGY



Essential  
Electrolytes



Vitamins  
C & D



Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

# ARE YOU STAYING HYDRATED?



Add



TO



ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
Wave  
Feel the **WOW**



Essential  
Electrolytes



Vitamins  
C & D



Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

ELECTROLYTE DRINK MIX

**HYDROR**<sup>®</sup>  
*Flave*  
Feel the **WOW**



 **Stay Hydrated**

**6**

Essential  
Electrolytes

**2**

Vitamins  
C & D

**6**

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

**STAY  
HEALTHY,  
STAY  
HYDRATED**



Add



TO



ELECTROLYTE DRINK MIX

**Hydro**<sup>®</sup>  
*Wave*

Feel the **WOW**



Essential  
Electrolytes



Vitamins  
C & D



Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

ELECTROLYTE DRINK MIX

# Hydro<sup>®</sup> Wave

Feel the **WOW**



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

# STAY HYDRATED



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

ELECTROLYTE DRINK MIX

**HydrO**<sup>®</sup>  
*Water*  
Feel the **WOW**



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma



6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma

ELECTROLYTE DRINK MIX

Hydro<sup>®</sup>  
*Wave*

Feel the **WOW**



ELECTROLYTE DRINK MIX

# Hydro<sup>®</sup> Wave

Feel the **WOW**



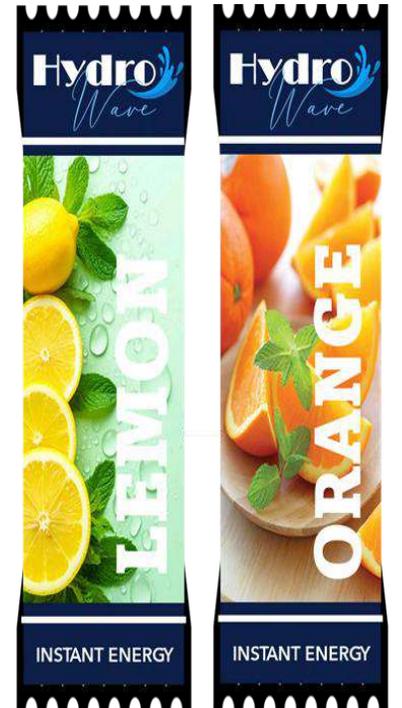
HYDRATION  
BOOST



INSTANT  
ENERGY



**CRAFTING HEALTH**  
By Maamoun Pharma



# هايدير و وايف

طاقة و انتعاش

مشروب انتعاش و حيوية ®



ELECTROLYTE DRINK MIX

Hydro<sup>®</sup>

Feel the **WOW**

*Wave*

**STAY  
HYDRATED**

" Morning's fresh start  
energize your heart "



ELECTROLYTE DRINK MIX

# Hydro

*Wave*

## Hydrate Your Beach Adventure

6

Essential  
Electrolytes

2

Vitamins  
C & D

6

Egyptian  
Flavors



Low in  
Sugar



Crafting Health  
Maamoun Pharma



مشروب انتعاش و حيوية

# هايدير و وايف<sup>®</sup>



انتعاش فائق



طاقة و تركيز

